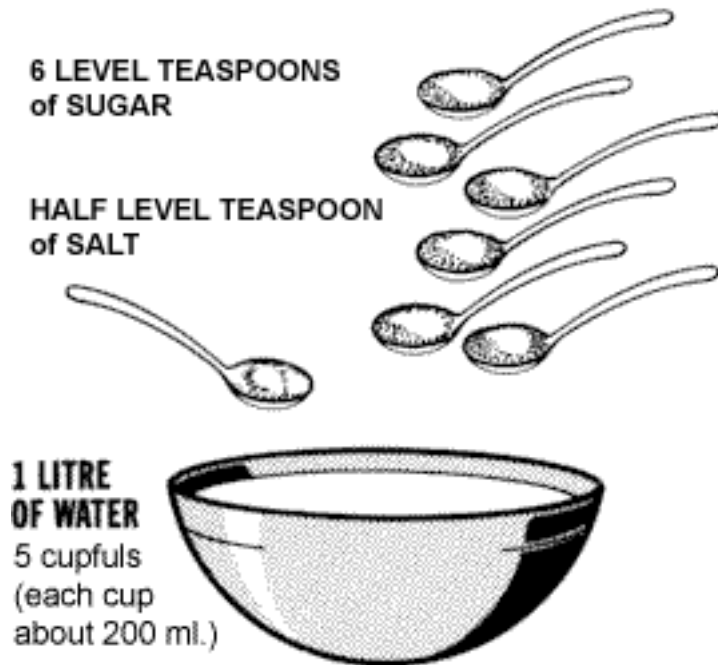


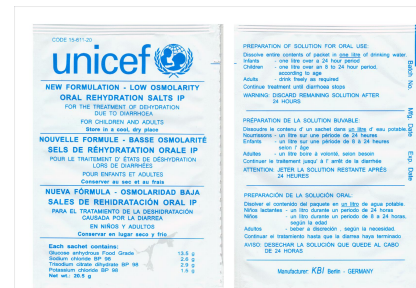
# Preparation of Oral Rehydration Solution

- 1 – WASH your hands with Soap and clean water
- 2 – WASH container and utensil with soap and clean water
- 3 – Put 1 Liter of treated water in a clean container

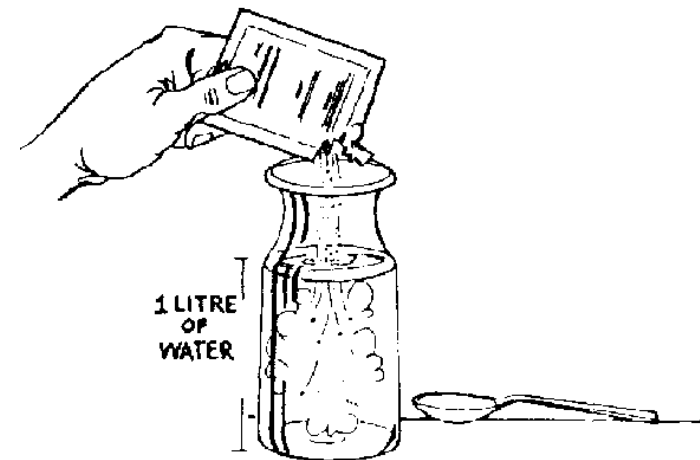
## Home – made ORS Solution



## Already Prepared Powder – ORS Sachets



1 Liter Safe WATER  
1 ORS Sachet



International Federation  
of Red Cross and Red Crescent Societies