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| ORT Training - Level 01 (Community ORT Volunteers) |
| Session #04 – Quiz |

Timing 🕝 5’

**Objective**

* To help remember key elements of the session

**Questions**

1. **What are the main symptoms of cholera?**

- Sudden (often painless) diarrhea

- Watery diarrhea – rice water appearance

- Several loose stools (>3/day) - often high frequency - 10 or more stools / 24h

- Rapid dehydration (due to abundant loss of water)

- Nausea and vomiting. Occurring especially in the early stages and persisting

1. **What could be a trigger for a cholera alert?**

- A case of non-painful, acute watery diarrhea (rice water) leading to severe dehydration in a few hours

- A sudden increase in the number AWD diarrhea cases amongst >2 years old (2 or more cases - a group of AWD cases, with severe dehydration)

- 1 death of AWD in a >5 years old or adult

1. **What should you do if you face such a situation?**

-Cholera alert should be given right away to the health facility

-Cholera alert should be given to the Red Cross ORT area supervisor

-In the meantime, possibly start a community investigation to try to identify other similar cases and gather information on source/history of the disease.